

## Pre-treatment Advice

1. Since delicate skin or sensitive areas may swell or slightly redden, it is advised not to make social plans for the same day. Lip liner and Eyeshadow may appear crusty for up to two weeks.

Please wear your normal makeup, without mascara. If you are having lips or brows done, please bring your favourite pencils and colours.

2. If unwanted hair is removed in the area to be treated, tweezing/ waxing should be done at least 24 hours prior to your procedure; electrolysis no less than five days. Eyebrow hair does not need to be shaved before procedure. Keep all eyebrows that you would normally want to have. This gives a more natural look. Do not resume any method of hair removal for a week after the procedure.
3. If eyelashes or eyebrows are normally dyed, allow 48 hours or wait one week after the eyebrow or eyeliner procedure.
4. If you would like eyelash extentions, get them after any permanent make up eyeliner or eyeshadow procedure.
5. If you wear contact lens and are having the eyeliner done, do not wear your lens to your appointment and do not replace them until the day after the procedure.
6. If you are having lip liner done and have had previous problems with cold sores/ fever blisters/ mouth ulcers/ canker sores, the procedure is likely to activate the problem. You will need to get a prescription from your physician for Valtrex or Zovirex 500 mg. and take it 3 days before treatment and three days after treatment, 5 times a day. This will help to prevent or minimize any outbreak.
7. If you have very sensitive skin, it is best to have a spot allergy test one week prior to your appointment.
8. Tylenol may be taken prior to appointment for pain.
9. No Alcohol, Caffeine, Ibuprofen, Vitamin E, or Ginkgo, 24 hours prior treatment.
10. I am looking forward to working with you. If you have any questions, please call or make notes so we can discuss them when you arrive for your appointment. Call Emily 0727812602

## Post Treatment Advise:

You may experience these symptoms for 72 hours:

### Eyebrows:

1. Dryness and itching in the treated area
2. Flaking
3. Tenderness

### Eyeliner:

1. Eyelashes sticking together (especially mucosal liner) Take damp earbud and clean)
2. Puffy eyelids (1-2 hours the next morning)
3. Tenderness
4. Redness or slight bruising (only certain clients) around the eye
5. Itching
  - (Use wet Q Tip or earbud to clean the eye. Do not touch eye with finger and do not rub eyes.) as infection can occur.
  - (If applying ointment, wash hands to apply with finger.)
  - (If poor hygiene is used, an infection may occur and medical treatment may be necessary)

### Lips:

1. Dryness and peeling in the treated areas. Important to use Vaseline to keep moist
2. Fever blisters. Treat with Zivorax or Valtrex from your doctor.
  - (500mg 3 days before and 3 days after)
3. Scabbing
4. Tenderness

### You must follow regimen of daily care:

1. Do not touch, scratch, scrub, rub, peel, or pick the treated area.
2. Do not apply eye makeup around treated area until healed, 48 hours.
3. If your eyelashes are sticking together, splash warm water on your eyes and apply small amount of vascaline.
4. Apply vascaline every 2 to 3 hours on treated area for up to two to three days. If you wear hard contact lenses, you can insert them 1 day after procedure.
5. Artificial tears such as Visine or eye wash may be used.
6. Do not use any glycolic acid on areas. Lotions, makeup remover, ect. have glycolic acids in them and need to be avoided or you may need to have touch ups once a year. Water based makeup remover is recommended or soap and water. Always use a sun screen on eyebrows, lips, and any other permanent makeup area exposed to the sun.

### End of Healing: (It will take up to 4 weeks for complete healing)

1. Use a 15-30 sunscreen on treated areas.
2. Flaking will continue for about 2 weeks and the colour will fade about 30-40% in about 2 weeks. (Individuals vary)
3. Enjoy your permanent makeup.
4. Post visit 3 to 6 weeks follow procedure, if needed.